



## Expected Results

Strengthened links and cooperation between different types of organizations involved in adult education.

Improved self-esteem, digital, communicative and language skills of senior learners, fostering their social inclusion.

Developed, tested and disseminated new innovative methods of intergenerational teaching and learning, new forms of real involvement of youngsters in the voluntary sharing of their digital skills.

Prepared tutors to work with the senior learners.

Disseminated project results and involved important stakeholders in the project to be more ready to support digital skills improvement for senior learners in the future.

## Project Partners

AUSTRIA: Land Niederösterreich  
Landwirtschaftliche Fachschule Poysdorf  
[www.lfs-poysdorf.ac.at/](http://www.lfs-poysdorf.ac.at/)

FRANCE: M3 MCube association  
[www.facebook.com/M3CubeAsso/](https://www.facebook.com/M3CubeAsso/)

LATVIA: Mālpils novada dome / Municipality Council  
[www.malpils.lv](http://www.malpils.lv)

POLAND: Fundacja Bądź Aktywny  
[fundacijabadzaktywny.org/](http://fundacijabadzaktywny.org/)

MORE ABOUT PROJECT ACTIVITIES:  
[www.facebook.com/SINDIproject/](https://www.facebook.com/SINDIproject/)



## Social Inclusion through Digital Skills and Intergenerational Learning

Project duration - 01/09/2017-31/10/2018

## Methods

Analysis of existing gaps and needs, choosing of most relevant aspects for the further organization of guidance and support to learners, teaching voluntary tutors, in order to ensure their successful involvement into seniors' education;

Combination of short periods of physical mobility with virtual mobility and use the information and communication technologies such as collaborative workspaces, Skype video conferences, social media, etc. to complement the learning outcomes of physical mobility.

Exchange of the best practice experience, testing of the most successful models in partner countries.

Seniors' education advertisement and preparatory activities for the potential tutors in each partner country.

Professional guidance and counselling and coaching methods and tools.

Carry out joint research, surveys and analyses.

Common activities for seniors and young people.



## International Activities

2 Joint staff training events - in Latvia and France.

2 Blended mobilities for senior learners - in Austria and Poland.



## Target Groups

Adult learners/seniors, adult educators and young people who are ready to be involved on voluntary basis in seniors' education.

Project partners want to develop, test and implement innovative practices/methods relating to digital skills improvement for adults/seniors in order to foster their social inclusion and to create and test new ways/opportunities of intergenerational learning on a local, regional and international level.

