



Welcome to the third newsletter of the project **"BE OPEN MINDED"**, co-financed by ERASMUS+ under the grant agreement n. 2020-1-PL01-KA204-081435.

In this issue, we'll update you about **the first training activity we implemented in-presence**, the staff mobility in Patras (Greece) that was implemented from 24 October to 28 October 2021, hosted by our partner Achaia Institute.

This mobility was focused on **art and theatre as a methodology for adult education**.



Co-funded by the Erasmus+ Programme of the European Union



ERASMUS+KA2, ADULT EDUCATION

"Be Open Minded"

2020-1-PL01-KA204-081435

Training course in Patras, GREECE,
from 24-28/10/2021

ART THEATER THERAPY FOR ADULTS



Asturia vzw



EUtopia



Erasmus+

Enriching lives, opening minds.

THE AGENDA

DAY 1 – ARRIVALS

DAY 2 – Meet and greet – Theatre training – Study visit - Dance Training

DAY 3 – Lecture – Art therapy training – Practical workshops – Dance Training

DAY 4 – Study visit – Theatre Training - Evaluation

DAY 5 – DEPARTURES

LOCATION

Premises of **Achaia Institute**: Voriou Ipirou 58 str, Patras, Greece.



OBJECTIVES OF THE MEETING:

- To get know with each other.
- To plan the activities, mobilities, training courses of the Erasmus KA2, project.
- To be trained about Art therapy and theatre therapy.
- To learn all important info about the project.





DAY 1

Arrival in Athens airport. Transfer to Patras by a mini bus (3hrs trip), all partners should arrive at least at about 15.00 p.m.



DAY 2

09:30 – 09:40

Official welcome and opening of meeting - Team building: Get to know each other.



09:40 – 10:00

Presentation of the project by the project Coordinator.

10:00 – 10:15

Presentation of Achaia adult Education Institute (past theatrical plays & art therapy experiences).

10:15-11.00

Workshop: “Theatrical Games” by students of theatrical studies from Patras University by Ilektra & Nefeli Terzi, University students of the faculty of theatrical studies in Patras university.

11.30-12.45

Workshop: “The power of Dance” - Learning Greek dances by Maria Rapti, dance teacher.

12.15- 13.00

Study visit in Apollo Municipality Theatre of Patras by Mrs Siglitiki Vlahaki, Municipal and Regional Theatre of Patras.



16:30-17:30

Workshop: Theatrical acting for Adults & for schools by Athina Kallimani, Secondary Education Teacher.

17.30-18.00

Workshop of Photography by Kostas Daoultzis English Teacher- Photography teacher.

18.00-18.30

Workshop: “Odysseus by Homer” by the volunteer theatrical group of Achaia Institute.

18.30-19.00

Workshop: preparation and rehearsals of a theatrical play: ‘Wandering Odysseus’

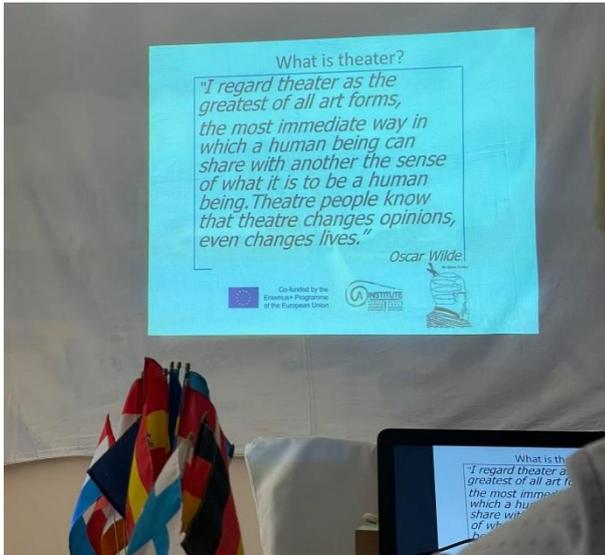




DAY 3

09:30-10.00

Lecture: "The theatre in Greece and the benefits of the Theatre for Adults" by Evanthia Stivanaki, Professor of theatrical studies in the University of Athens.



10.00-11.00

Workshop "The power of Art" by Vasilis Karavasilis: PR of Achaia Institute, painter- artist.



11:30-13.00

Visit to the Archaeological Museum of Patras.

16.30- 18.00

Interactive workshop of painting on T- shirts by Katerina Tsekoura, crafts and painting teacher.



18.00- 18.30

Learning Greek dances by Maria Rapti, volunteer dance teacher.



18.30-19.30

Workshop: preparation and rehearsals of a theatrical play with the participation of all group of the theatrical play: 'Wandering Odysseus'





DAY 4

08:00 – 17.30



Study visit to Ancient Olympia, the birthplace of the Olympic games.



18.00-18.30

Presentation of the short theatrical play, 'Wandering Odysseus' by Homer by the theatrical team of Achaia Institute, in the "MARKET AGORA" theatre.



DAY 5

Departures.



This newsletter is produced in the framework of the project: **ERASMUS+ BE OPEN MINDED.**



Follow: www.facebook.com/ErasmusPlusBOM

PROJECT PARTNERS:



Fundacja Bądź Aktywny- Poland



Associazione Culturale EUTOPIA – Italy

Asturia vzw

Asturia – Belgium



Achaia Adult Education Institute – Greece



Staffordshire Care Farming Development CIC – United Kingdom

