

# **NEWSLETTER NB 1**

Erasmus+ project 2023-2-PL01-KA210-ADU-000174354



**European  
Union Citizen**

## **Mobility in Poland**

**Dignity and Freedom**

**27,28,29 th August 2024**

# The workshops



- Analysis of adults' knowledge about the EU in partner countries.
- The path to freedom and independence of partner countries
- New methods of working with adults, especially seniors
- Solidarity - the role of organizations in shaping Europe
- Seminar - what is dignity, how to fight for it, how to use history to teach about human dignity and freedom

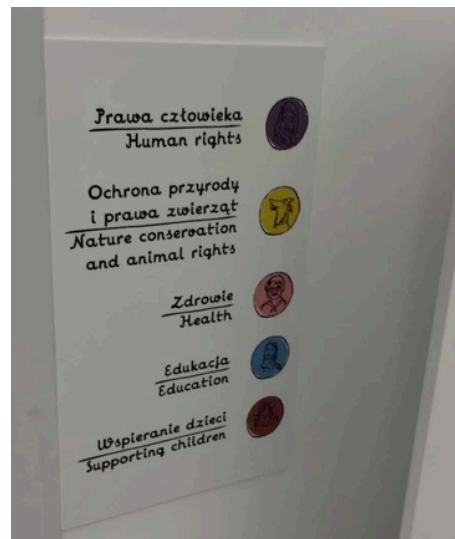
# The study visits



Places of national remembrance. Radegast Station is a historic railway building from 1941. During World War II it was associated with the ghetto established by the Germans in 1940 in Łódź (Litzmannstadt). The Dialogue Center is a modern institution that deals with the memory, history and identity of the city. The principles: Remember the Past, Understand the Present, Create the Future



# The new methods of work



The participants took part in new methods of the activity for the seniors. They visited Muzeum Tradycji Niepodległościowych and tested "museum's game". They visited Centrum Dialogu and sensor exhibition.

# The cultural programme



- The cultural programme has the topics:
- Piotrków Trybunalski- the old place of democracy in Poland
  - Łódź- the city of 4 cultures

# The results of the mobility

- exchange the experiences
- improving knowledge about partners' countries, especially about history of independence
- better team work
- greater motivation to work
- new ideas and solutions in the field of adult education, with particular emphasis on seniors
- increase in key competences of the participants
- the materials for the trainers
- growth of key competences
- new methods, tools for working with adults